

DR ASHLEY WEINBERG'S PUBLICATIONS

(i) Books

a) Already published

Weinberg, A., Sutherland, V.J. and Cooper, C.L. (2010) *Organizational Stress Management: A strategic approach*. Basingstoke: Palgrave Macmillan. ISBN: 978-0-230-20392-1.

Weinberg, A. and Cooper, C.L. (2007) *Surviving the workplace: A guide to emotional well-being at work*. London: Thomson Learning. ISBN: 978-1-86152-999-2.

b) Accepted for publication and currently in press

Weinberg, A. (ed.) *The Psychology of Politicians*. Cambridge: Cambridge University Press. In press – due to appear in November 2011.

(ii) Chapters in books

a) Already published

Weinberg, A. and Cooper, C.L. (2011) *The challenge of stress in modern organisations*. In R.J. Contrada and A. Baum (eds.) *Handbook of Stress Science: Biology, Psychology, and Health*, p. 151-166. New York: Springer. ISBN: 978-082611471-6.

Weinberg, A. (2009) *The relationship between the psychological contract and emotional labour at work and the implications for psychological well-being and organizational functioning*. In A.S. Antoniou, C.L. Cooper, A. Chrousos, D. Spielberger and M. Eysenck (eds.) *Handbook of Managerial Behavior and Occupational Health*, p. 397-412. Cheltenham: Edward Elgar. ISBN: 978-1-84844-095-1

Weinberg, A. (2005) *The seeds of stress in the organisations of tomorrow: the impact of new technology and modern working methods*. In A.S. Antoniou and C.L. Cooper (eds.) *Research Companion to Organizational Health Psychology*, p.151-163. Cheltenham: Edward Elgar. ISBN 1-84376-624-8.

Antoniou, A.S. and Weinberg, A. (2001) *Stress in health service organisations*. In A.S. Antoniou (ed.) *Stress in the public sector*, p194-207. Published in collaboration with a colleague at the University of Athens in Greek, ISBN 960-351-313-X.

(iii) Articles in Refereed Journals

a) Already published

Mackereth, P., Sylt, P., Weinberg, A. and Campbell, G. (2005) *Chair massage for carers in an acute cancer hospital*. *European Journal of Oncology Nursing*. **9**(2):167-179.

Challis, D., Clarkson, P., Williamson, J., Hughes, J., Venables, D., Burns, A and Weinberg, A. (2004) The value of specialist clinical assessment of older people prior to entry to care homes. *Age and Ageing*, **33**, p25-34.

*Weinberg, A., Williamson, J., Challis, D. and Hughes, J. (2003) What do care managers do? – A study of working practice in older peoples’ services. *British Journal of Social Work*, **33**, 901-919.

*Weinberg, A. and Cooper, C.L. (2003) Stress among national politicians elected to Parliament for the first time. *Stress and Health*, **19**, 111-117.

*Weinberg, A. and Creed, F (2000). Sources of stress in the NHS workforce. *The Lancet*, Vol. **355**, 533-537.

Weinberg, A. and Huxley, P. (2000) An evaluation of the impact of family support workers from a voluntary sector organization on carers’ quality of life. *Journal of Mental Health*, **9**, 495-503.

*Weinberg, A., Cooper, C.L. and Weinberg, A. (1999). Workload, stress and family life in British Members of Parliament and the psychological impact of reforms to their working hours. *Stress Medicine*, **15**, 79-87.

Weinberg, A., Greaves, J., Creed, F. and Tomenson, B. (1998) Severity of disorder in day hospital and in-patient admissions. *Acta psychiatrica Scandinavia*, **98**, 250-253.

(iv) Refereed conference proceedings

a) Already published

Weinberg, A. (2010) The causes and consequences of psychological strain in national politicians. (Paper presented as part of symposium entitled ‘Politicians at work’). Institute of Work Psychology International Conference on Work, Wellbeing and Performance, Sheffield.

Weinberg, A. (2010) Too hot to handle? MPs’ personalities and their experiences of stress and controversy. BPS Annual Conference, Stratford-upon-Avon. *Proceedings of the BPS*, vol 18, no.2.

Weinberg, A. (2007) Your destiny in their hands – job loss and success in MPs. BPS Annual Conference, York. *Proceedings of the BPS*, vol. 15, no.2.

Weinberg, A. (2005) The efficacy and psychological functioning of MPs. BPS Annual Conference, Manchester. *Proceedings of the BPS*, vol. 13, no.2. Paper given as part of national symposium representing the field of Occupational Psychology.

Weinberg, A. and Pearson, A. (2005) The competitive advantage provided to undergraduate psychology students by developing their emotional skills. BPS Annual Conference, Manchester. *Proceedings of the BPS*, vol. 13, no.2.

Weinberg, A. (2004) The impact of organisational change on UK politicians' psychological health. Invited paper was part of symposium in collaboration with University of Vienna Institute of Psychology at the Annual Conference of the International Society for Political Psychology, Lund, Sweden.

Weinberg, A. (2004) Stress and decision making and new working hours among MPs. BPS Annual Conference, London. *Proceedings of the BPS*, vol. 12, no.2.

Weinberg, A., Pearson, A. and Wilkie, T. (2004). A comparative study of Emotional Intelligence among undergraduates on Psychology and Art and Design programmes. Salford University 2nd learning and teaching conference on Education in a Changing Environment.

Weinberg, A. Pearson, A., Ferrario, M. and Cassidy, S. (2003) Emotional intelligence among psychology undergraduates. Salford University Inaugural learning and teaching conference on Education in a Changing Environment.

Weinberg, A. and Cooper, C.L. (2003) Stress levels among UK Members of Parliament – a new longitudinal study to assess working hours reforms. BPS Annual Conference, Bournemouth. *Proceedings of the BPS*, vol. 11, no.2.

Weinberg, A. Pearson, A., Ferrario, M. and Cassidy, S. (2003) Emotional intelligence among psychology undergraduates – can skills training make a difference? BPS Annual Conference, Bournemouth. *Proceedings of the BPS*, vol. 11, no.2.

Weinberg, A. and Creed, F. (2002) Developing the Objective Measure of the Workplace Environment (OMWE). BPS Annual conference, Blackpool. *Proceedings of the BPS*, vol. 10, no.2.

Weinberg, A. (2002) Emotional labour lost? – The psychological contract and stress in the public sector. BPS Annual conference, Blackpool, *Proceedings of the BPS*, vol. 10, no.2.

Williamson, J., Weinberg, A., Challis, D., Clarkson, P. and Hughes, J. (2002) Views about biopsychosocial assessment for older people. BPS Annual conference, Blackpool, *Proceedings of the BPS*, vol. 10, no.2.

Weinberg, A. (2002) A comparison of symptoms and sources of stress between national politicians in the United Kingdom and Australia. World Congress on Stress, Edinburgh. *Stress: The international journal on the biology of stress*, vol. 5, supplement, p.47.

Weinberg, A. and Cooper, C.L. (2001) The lasting stress of entering politics. 7th European Congress of Psychology, London. *Book of Abstracts*, p.236.

Weinberg, A. (2001). Stress among elected and former members of the House of Lords. BPS Centenary Conference, Glasgow, *Proceedings of the BPS*, vol.9, no.2.

Weinberg, A. and Cooper, C.L. (2000). A comparison of the stress levels between representatives in the old and new parliaments of the U.K. BPS Annual Conference, Winchester, *Proceedings of the BPS*, vol.8, no.2.

Weinberg, A. (1999). The impact of change on Members of Parliament. BPS Occupational Psychology conference, Blackpool, *Proceedings of the BPS*, vol.7, no.1.

Weinberg, A and Creed, F. (1998) Sources of stress in the NHS workforce. European Conference of Psychosomatic Research, Manchester.

Weinberg, A., Cooper, C.L. and Weinberg, A. (1998) Should the job of M.P. carry a government health warning? BPS Annual Conference, Brighton, *Proceedings of the BPS*, vol.6, no.2.

Weinberg, A. (1998) Sources of stress in the NHS workforce. 750th anniversary conference of the Royal College of Psychiatrists, London.

Weinberg, A. (1996). Workload, stress and family life in M.P.s - more change is needed. BPS Annual Conference, Brighton, *Proceedings of the BPS*, vol.4, no.2.

Weinberg, A. (1993). Workload, stress and family life in M.P.s. BPS Annual Conference, Blackpool, *Proceedings of the BPS*, vol.1, no.2.

b) Accepted for presentation

Weinberg, A. (2011) A new kind of politics? – but the same kind of politician! Annual Conference of the European Association of Work and Organisational Psychology, Maastricht (accepted for presentation in May)

(v) Other published output

Cassidy, S. & Weinberg, A. (2005) What university students think about peer assessment - developing employability skills. *Innovative Learning in Action*. Issue 3, pp. 4-8.

Weinberg, A. (2004) Pressure on Parliament to perform. *The House Magazine*, no.1097, vol.29, pp. 31-32 (The House Magazine is a parliamentary publication).

Shardlow, S. McLaughlin, H., Weinberg., A, Mello-Baron, S. and Oak, E. (2003) Transferring learning and skills within organisations. Report by University of Salford, Centre for Social Work Research.

Weinberg, A. (2000). Stress and the politician. In G. Power (ed.) *Under Pressure: Are we getting the most from our politicians?* p.31-36. The Hansard Society. ISBN: 0-900432-75-6.

Weinberg, A., Cooper, C.L. and Weinberg, A. (1997) Should the job of M.P. carry a government health warning? *The House magazine*.

Weinberg, A. (1995) The human cost of being an M.P. *The House magazine*.

Weinberg, A and Huxley, P. (1995) *Making more space: the unique and vital role contribution of the family support worker*. Report published by the University of Manchester.

Weinberg, A. (1993) Westminster, constituency, family - Are M.P.s facing unreasonable demands? *The House magazine*.

(vii) Other media, innovative or creative activities

Since 1993, I have participated in over 100 interviews about a range of psychological issues, including my own research, on television and radio and in newspapers. I am a media contact for the British Psychological Society. Selected examples include:

- BBC1 The One Show, January 31st 2011 – the psychological impact of long-term undercover police work
- Sky Radio (broadcast on commercial radio stations across the UK) 20th January 2011, the non-verbal cues ‘hidden’ in the human voice
- BBC2 The Daily Politics, January 26th 2005 – Reforms to MPs working hours (live studio interview prior to vote in the House of Commons).
- BBC North-West News, October, 2003 – Personality profiling and racist behaviour in organisations.
- Radio 4 News, October, 1999 – on stress and decision making in world leaders (live interview).
- ABC Good Morning Australia, March, 1993 – Stress and politicians.

In addition to the above, I run workshops on a regular basis and for a wide range of clients: examples include the University of Manchester’s Institute of Medicine, Law and Bioethics course for NHS Complaints Managers and Convenors,

(viii) Publications in progress

Book

Weinberg, A. and Cooper, C.L. *Stress in Turbulent Times*. Commissioned by Palgrave-Macmillan.

Articles

Weinberg, A. Stress, decision making and personality traits among national politicians: A longitudinal study of MPs in the UK parliament. *In preparation for submission to the Journal of Occupational and Organisational Psychology*.

Weinberg, A. The impact of management coaching on the well-being and work experiences of employees. *In preparation for the Journal of Managerial Psychology*.

Weinberg, A. and McFarlane, C. Evaluation of a face-to-face employee counseling service. *In preparation for the British Journal of Guidance and Counselling.*

Weinberg, A. and Pearson, A. Validation of a brief measure of emotional intelligence. *In preparation for the Journal of Personality and Individual Differences*

4. PROFESSIONAL ACTIVITIES

Consultancy work

I run an annual workshop as part of the British Psychological Society's Division of Occupational Psychology's Continuing Professional Development programme entitled 'Improving well-being in the workplace'. In addition I run and contribute to workshops in the field of employee psychological health for commercial and public sector organisations. My clients have included Seabrook's Crisps, United Utilities, NHS Complaints Managers and Convenors, the Institute of Charity Fundraising Managers, as well as a range of occupational groups, including psychiatrists, community health trainers, occupational health professionals, dentists and nurses.

External assessor or journal referee

I have acted as a referee for a number of peer-review journals including the Journal of Hospital Psychiatry and the Journal of Management Studies, as well as a reviewer of funding bids in the area of organisational psychology for the Estonian Science Federation.

Responsibilities held with professional body/learned society

I have been a media contact for the British Psychological Society for almost 20 years. I have participated in over 100 interviews about a range of psychological issues, ranging from politicians' health and behaviour to sporting performance and personality profiling, featuring on national television programmes such as BBC2's The Daily Politics, as well as Radio 5 Live and BBC4 news broadcasts, as well as gaining coverage for my research interests in the national newspapers.

Academic invitations to present external lectures, papers, conference contributions

I have held an honorary lecturing post in the Department of Psychology for many years where I have taught final year undergraduate as well as postgraduate modules on Occupational Psychology and Mental Health at Work.